

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sithembiso Gcaba

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:24:46

PACE 04:15/km

OVERALL 34 of 421

GENDER 34 of 366

40+ 7 of 111

26 October 2019, Sat

Date



BoutTime